

TAPESTRY FAMILY SERVICES JOB DESCRIPTION

POSITION: MENTAL HEALTH REHABILITATION SPECIALIST

**GENERAL
DESCRIPTION:**

The Mental Health Rehabilitation Specialist (MHRS) is employed to provide direct behavioral guidance and support services to the children who are participating in Tapestry Family Services programs and their families (including foster families). Under the supervision of the Rehabilitation Services Program Manager, and as indicated in each child's Treatment Plan, the MHRS provides/facilitates individual and group rehabilitation services for individual and small groups of children participating in need of Mental Health Rehabilitation Services. Services are provided at Tapestry facilities, in the home and in the community. Services include, but are not limited to, facilitating groups, helping to stabilize the children, instructing and guiding the children in the accomplishment of the goals of their individual plans, implementing behavioral interventions, facilitating the participation of the children in program activities and in activities, helping to structure a safe environment for the children, making collateral contacts between the families and the community and guiding/participating in activities necessary to assist in the implementation of the child's Treatment Plan or Foster Care Needs and Services Plan.

This position requires flexibility in scheduling. The services will vary according to each child's needs and changing circumstances.

The MHRS participates on the Tapestry Family Services Treatment Team, and in that role may have responsibility for participation in the review and monitoring of the children's Treatment Plans.

DUTIES:

Work directly with children to facilitate their involvement in the Tapestry Family Services mental health treatment program and/or foster care programs. Services include coaching the children in effective communication skills, assisting the children in accomplishing tasks, helping redirect and focus the children's attention, counseling the children about daily living skills, implementing behavioral modification strategies.

Provide individual and group rehabilitative services to individual children and small groups of children in accordance with their Individual Treatment Plans. At times may include accompanying and providing support to children while participating in community activities.

Provide Therapeutic Behavioral Services in accordance with each child's TBS Plan. Services may be in the home, at the child's school, in the community, or at the Tapestry Family Services facilities.

Assist the foster parent in anticipating and identifying high-risk behaviors by the child and implementing appropriate interventions.

Facilitate collateral contacts between the family and community resources.

Participate in monthly case conferences as requested.

Document mental health and TBS services provided in accordance with Tapestry's policies and procedures.

Provide information regarding the child's progress in Tapestry's mental health treatment program to social workers and case managers as appropriate.

Participate in an on-call rotation to respond to emergency situations.

REPORTS TO: The Mental Health Rehabilitation Specialist reports to the Tapestry Family Services Rehab Services Program Manager, or, when working with foster children, to a Tapestry Family Services Social Worker.

SUPERVISES: None.

MINIMUM QUALIFICATIONS: A Master's Degree and at least two years of experience in working with emotionally disturbed children in institutional settings, or a Bachelor's Degree plus four years of above-described experience, or an Associate Degree and at least six years experience in working with emotionally disturbed children in institutional settings.

DESIRABLE KNOWLEDGE AND ABILITIES: The MHRS will need knowledge and skills related to working with abused and neglected children, progressive crisis intervention, consistent implementation of behavior modification strategies, implementing and monitoring treatment plans for emotionally disturbed children, and cardiopulmonary resuscitation. Pre-service training will be provided by the agency, but past training, experience and skills in these areas are desirable.